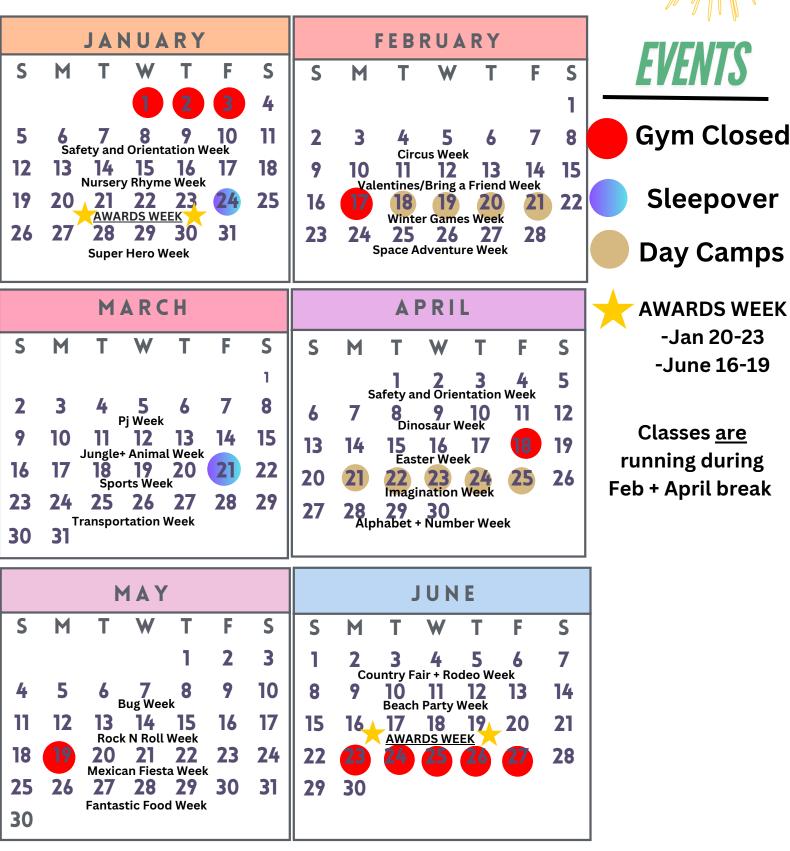
2025 CALENDAR



Follow for Upcoming Events/Updates!



Proper athlete attire is <u>required</u>:

- Bodysuits, leotards, appropriate form-fitting tshirt/shorts.
- Bare feet only.
- Please check your child for warts, they NEED to be treated and bandaged.
- No jewelry except for stud earrings
- Long hair MUST be tied back.
- Please bring a water bottle with your child's name on it.

Parents and siblings are welcome to watch on the bleachers. Parents, please leave the coaching to the coaches.

If you have any questions about the class or issues please talk to our recreational director, not the coach.

Athletes are asked to wait by the gym gate until their coaches signal the beginning of the class.



Lost and Found Policy: At the end of Month 1, items lost will be put in to bins. At the end of Month 2, any remaining items in bins will be donated.



Please refer to our calendar that is attached. And save the dates for upcoming events, themed weeks, and days that have no classes.

Follow for Upcoming Events/Updates!

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